



Report on

Cancer Awareness Program

A **Cancer Awareness Program** was conducted on **14-05-2025** by the **Department of MCA** with the objective of educating students about cancer, its causes, early symptoms, and preventive measures. The program aimed to create awareness about the importance of early detection and adopting a healthy lifestyle to reduce the risk of cancer.

The program included an informative session by a resource person who explained various types of cancer, common risk factors such as tobacco use, unhealthy diet, lack of physical activity, and environmental factors. The importance of regular health check-ups, early screening, and timely medical intervention was emphasized.

Preventive measures such as maintaining a balanced diet, regular exercise, avoiding tobacco and alcohol, and stress management were discussed in detail. The session was interactive, and students actively participated by asking questions and clarifying their doubts.

A total of **98 students** from the MCA department participated in the program. The Cancer Awareness Program was informative and beneficial, helping students gain valuable knowledge and encouraging them to adopt healthier lifestyle practices.

HOD-MCA